## Let Me Know If You Still Believe True Love **Lives Forever**



#### Let me know if you still... (True love lives forever Book

1) by Alina Ross

★ ★ ★ ★ ★ 5 out of 5

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Is there such a thing as true love that lasts forever? It's a question that has been pondered by philosophers, poets, and songwriters for centuries. And it's a question that each of us must answer for ourselves at some point in our lives.

For some people, the answer is a resounding yes. They believe that true love is a once-in-a-lifetime thing, and that if you're lucky enough to find it, you should hold on to it for dear life. Others are more skeptical, believing that true love is a myth or that it's only possible in fairy tales.

So what's the truth? Does true love really last forever? Or is it just a fleeting emotion that's destined to fade away?

#### **Personal Experience**

There's no scientific evidence that can definitively answer the question of whether or not true love lasts forever. However, there are countless personal stories that suggest that it does.

For example, there's the story of Romeo and Juliet, two young lovers who were willing to die for each other. Or the story of John and Yoko, who were married for over a decade despite their many challenges. And then there's the story of my own grandparents, who were married for over 60 years and remained deeply in love until the day my grandfather died.

These stories are a testament to the power of true love. They show that it can survive adversity, distance, and even death.

#### Scientific Research

While there's no scientific evidence that can definitively prove that true love lasts forever, there are some studies that suggest that it may be possible.

One study, published in the journal "Psychological Science," found that couples who were deeply in love had higher levels of a hormone called oxytocin. Oxytocin is known as the "love hormone" because it is released during childbirth and breastfeeding, and it has been shown to promote bonding and attachment.

Another study, published in the journal "NeuroImage," found that couples who were in love had increased activity in areas of the brain that are

associated with reward and pleasure. This suggests that love may be a neurochemical as well as an emotional experience.

#### **Philosophical Inquiry**

Philosophers have also debated the question of whether or not true love lasts forever. Some, like Plato, believed that true love is a form of eternal essence that transcends the physical world. Others, like Aristotle, believed that true love is a virtue that must be cultivated and maintained through effort.

No matter what your personal beliefs are, there's no doubt that true love is a powerful force. It can make us happier, healthier, and more fulfilled. It can also help us to overcome adversity and to find meaning in our lives.

#### So, what's the answer? Does true love really last forever?

The answer to this question is ultimately up to you. But if you're lucky enough to find true love, I hope that you'll cherish it and do everything you can to make it last.

True love is not a feeling, it is a choice. It is a commitment to another person, no matter what.

- Nicholas Sparks

### Here are some tips for making your love last forever:

- Be honest with each other.
- Be supportive of each other's dreams and goals.
- Be forgiving of each other's mistakes.

- Spend quality time together.
- Never take each other for granted.

If you follow these tips, you'll be well on your way to a long and happy relationship.

The question of whether or not true love lasts forever is a complex one. There is no easy answer, and it ultimately depends on the individuals involved.

However, I believe that true love does have the potential to last forever. With effort, communication, and commitment, couples can overcome any obstacle and build a lasting relationship.

So if you're looking for true love, don't give up. It's out there, and it's worth fighting for.



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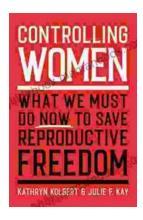
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