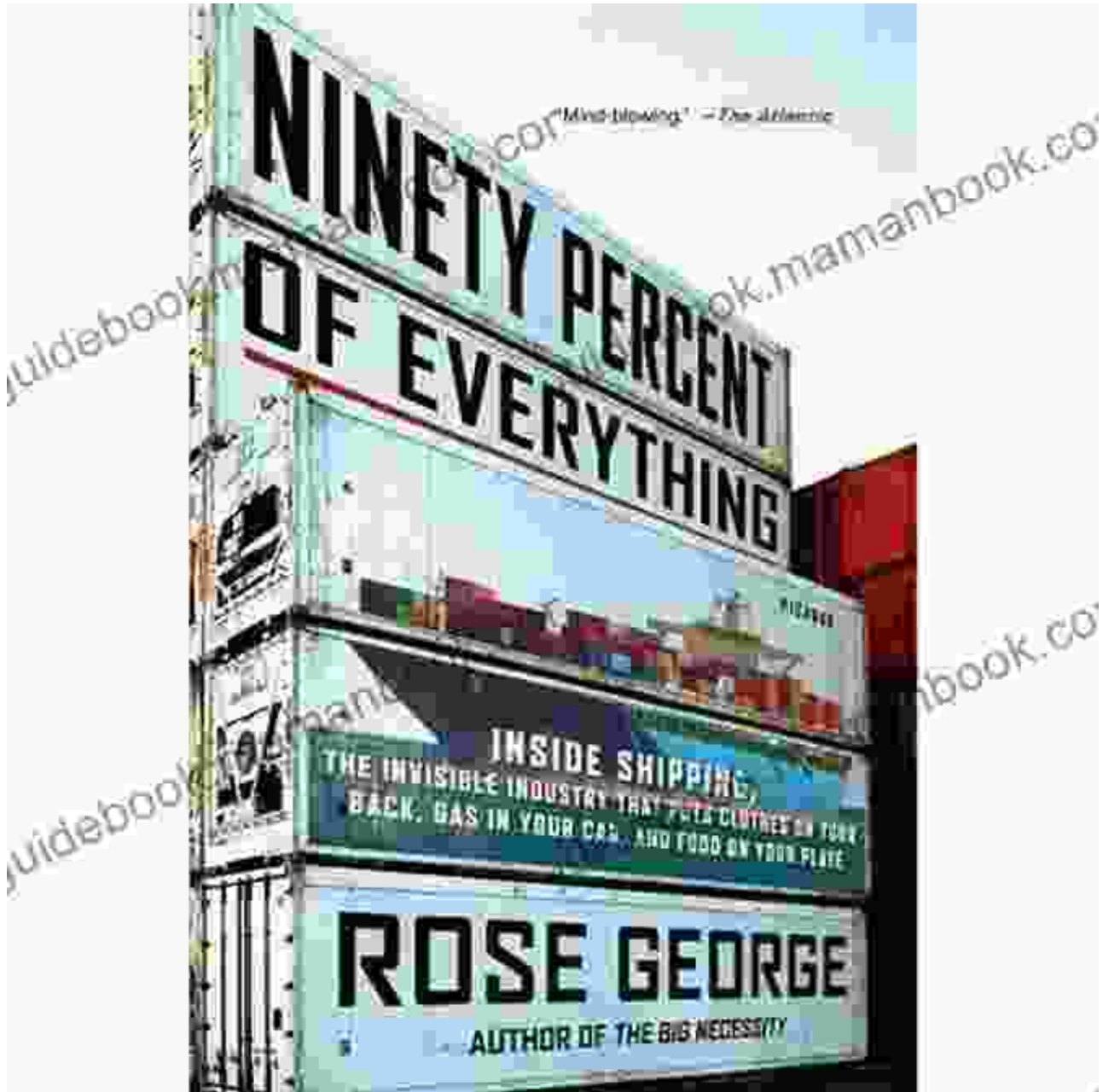


Ninety Percent of Everything: The Secret to a Healthy, Sustainable, and Prosperous Life



Ninety Percent of Everything: Inside Shipping, the Invisible Industry That Puts Clothes on Your Back, Gas in Your Car, and Food on Your Plate by Rose George

★★★★☆ 4.2 out of 5



Language	: English
File size	: 2636 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 304 pages



In her book *Ninety Percent of Everything*, Rose George takes a deep dive into the hidden world of everyday objects, from the food we eat to the clothes we wear. George argues that by understanding the hidden costs of these objects, we can make better choices for ourselves, our community, and the planet.

George begins her book by exploring the food system. She shows how the industrial food system is responsible for a number of environmental problems, including water pollution, deforestation, and climate change. She also discusses the health problems associated with eating processed foods, such as obesity, heart disease, and cancer.

George then turns her attention to the clothing industry. She shows how the fast fashion industry is responsible for a number of environmental problems, including water pollution, air pollution, and greenhouse gas emissions. She also discusses the labor abuses that are common in the clothing industry, such as low wages, long hours, and dangerous working conditions.

George concludes her book by offering a number of tips on how to live a more sustainable life. She encourages readers to buy less stuff, to buy

local, and to support fair trade products. She also encourages readers to eat less meat, to grow their own food, and to compost their food scraps.

Ninety Percent of Everything is a powerful and eye-opening book that will change the way you think about everyday objects. George's writing is clear and engaging, and she provides a wealth of information about the hidden costs of our consumer culture. This book is a must-read for anyone who is interested in living a more sustainable life.

Tips for Living a More Sustainable Life

- Buy less stuff.
- Buy local.
- Support fair trade products.
- Eat less meat.
- Grow your own food.
- Compost your food scraps.

By following these tips, you can reduce your environmental impact and live a more sustainable life.



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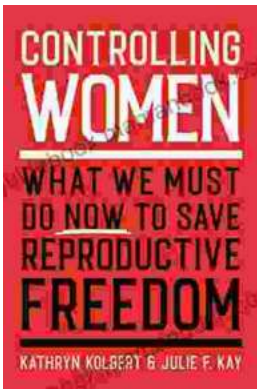
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